

8th Annua

World Famous



Takedown Tournament

At WESTFIELD High School

When: April 20th, 2024 (Saturday)

Who: All Youth and High School Wrestlers

Where: Westfield High School - 4700 Stonecroft Blvd, Chantilly VA 20151

What: Just Takedowns! This is a way to improve on your feet. Tell all

your friends....anyone can participate! Great Recruiting Tool!!

Start Time: 10 AM for Bantam, Midget, Junior, Intermediate, Senior (youth)

2 PM for All High School Wrestlers

COST: \$30 (We will work to get at least 4 matches per wrestler)

Includes a "Westfield Takedown Tournament" T-Shirt for all wrestlers



ALSO....GMU STAFF CLINIC/WARM UP FROM 830 TO 10 AM.



AWardS: Top 3 wrestlers in each weight class will be recognized with.......TROPHIES!!!

Format: Round Robin

- Weight Classes will be grouped in 5, 6, 8, and 10 wrestler pools/brackets
- We will work to separate clubs and schools
- Goal: As many takedowns as you can get in one period!

1 pt.= Takedown

3 pts.= Takedown to back for (3 second count) Technical Fall= Win by 10 pts.

- ALL DIVISIONS (1) 2-minute period
- Overtime: Sudden Death (2-1 Minute Periods)
- If No Takedown in OT Periods, Wrestler with Most Takedowns Wins

Weight Classes: Madison System Format grouped according to weight

Ages: Bantams

Current 5 and 6 Year Olds

Middets

Current 7 and 8 Year Olds

Juniors

Current 9 and 10 Year Olds

Intermediates/

Current 11 and 12 Year Olds

Seniors

- Current 13 and 14 Year Olds (NO 9th Graders)

High School

A Division (Varsity Experience) (12th Graders are welcome)

- B Division (Junior Varsity Wrestler)

Weigh-in and Registration: ALL ON SATURDAY (WALK IN ONLY)

Youth - (Bantam, Midget, Junior, Intermediate, Senior) 7-830 am...Start at 10 am High School - (JV and Varsity) 11-1230...Start at 2 pm